Spiritual psychotherapy

But perhaps a spiritual kind of psychotherapy did take place, and Dickens was a psychotherapist without a license. Scrooge is his patient and is redeemed. In case you don’t know the basics of the story, Scrooge seems satisfied with his money, but dissatisfied with life. Integration of Spirituality and Psychotherapy.

22. VII. Additional Spirituality-oriented Psychotherapeutic Interventions

26. VIII. How psychotherapists and other helpers can mobilize and nurture helpful spiritual activities is the focus of this handout. The need to do so is highlighted by the high incidence of religious and spiritual beliefs held in North American communities and by the widespread use of religious rituals and faith-based interventions following the aftermath of traumatic events.